Wochenziel 1. Woche: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Wochenziel 2. Woche: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Monat:

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| --- | --- | --- | --- | --- | --- | --- |
| Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag | Sonntag |
|  |  |  |  |  |  |  |
| Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag | Sonntag |
|  |  |  |  |  |  |  |